

VIKONON TABLETS

Calcium Glycerophosphate
Calciferol
Thiamine Hydrochloride
Tocopheryl Succinate

Please read this leaflet carefully before using this medicine. If you need any details explaining or require further information then consult your pharmacist or doctor..

Ingredients

Each Vikonon tablet contains the following active ingredients:

Calcium Glycerophosphate 130mg
Calciferol (Vitamin D) 240iu
Thiamine Hydrochloride (Vitamin B1) 3 mg
Tocopheryl Succinate (Vitamin E) 10 mg

Each tablet also contains the following non active ingredients :-

Lactose, Magnesium Stearate (E572), Stearic Acid (E570), Colloidal Silica, Starch, Carmoisine (E122), Erythrosine (E127), Titanium Dioxide (E171), Syrup, Ethyl Cellulose, Sugar, Talc (E553b), Kaolin (E559), Acacia (E414)

Carmoisine (E122) can cause allergic type reactions including asthma. Allergy is more common in those people who are allergic to aspirin.

Vikonon tablets are a sugar coated tablets strip packed in 10's and are classed as a dietary supplement.

Licence holder and manufacturer

The product licence holder for Vikonon tablets is Neo Laboratories Ltd, 51-53 Stert Street, Abingdon, Oxfordshire, OX14 3JF and they are manufactured for Neo Laboratories Ltd by Custom Pharmaceuticals Ltd, Conway Street, Hove, East Sussex and packed by Wasdell Packaging Ltd, Bristol Road, Stonehouse, Gloucester.

What the product is for

Vikonon tablets are intended as an oral vitamin and calcium supplement, the product is intended to prevent rather than treat dietary deficiency of Calcium, Vitamin D, Vitamin B1 and Vitamin E.

When the product should not be taken

Do not take the product:

- To treat an established deficiency caused by your body's inability to absorb dietary vitamins.
- If you recognise any ingredient known to make you feel ill.
- If you suffer from high calcium or vitamin D levels.
- If you have a special sensitivity to vitamin D
- If you suffer from a rare condition in which calcium deposits are forming in various body tissues.

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Use in pregnancy and when nursing

If you are pregnant, trying to be become pregnant or are breast feeding talk to your doctor before taking Vikonon tablets.

Special Warnings

If you suffer from kidney or urinary problems it is important to discuss this with your doctor before taking this product.

Other medicines

This product is intended to increase the calcium levels of the blood. Certain diuretics* also increase calcium levels and the effect of taking both together may produce sufficiently high levels of calcium in the blood to cause a condition known as hypercalcaemia. The symptoms of hypercalcaemia are listed under overdose. If you are taking certain medicines for your heart such as digoxin then the adverse side effects of that medicine may be increased (your doctor can advise you).

If you are being prescribed cholestyramine or colestipol, then the absorption of some of the ingredients may be reduced, ask your doctor for advice.

The absorption of Magnesium from other medicines will be increased. Products which affect the movement of the guts will affect the absorption of Vitamins D and E.

(*Diuretics are medicines which increase the production of urine.)

Dose

For adults and the elderly: One tablet daily taken by mouth.

Not recommended for children.

You should not exceed the stated dose. Do not take the product for prolonged periods unless advised to do so by your doctor.

Overdose

Overdose is unlikely but should it occur the symptoms will be those of hypercalcaemia.

Symptoms to look for are reduced desire to eat, nausea, vomiting, constipation, abdominal pains, weakness, thirst, copious production of urine and drowsiness. The treatment of an overdose requires medical assistance, if you suspect an overdose contact your doctor immediately.

Side effects

Side effects are unlikely unless a the product is taken for prolonged periods and/or in excess of the recommended levels. If you notice any of the symptoms described in the overdose section (see above) or any other unusual effects you should see your doctor immediately.

Storage

Store Vikonon Tablets between 4°C and 25°C. Store all medicines out of the reach of children. The pack has been marked with an expiry date, do not use the tablets after the last day of the month shown.

Date prepared 10 January 2000

Vikonon Tablets PL 2019/5000

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