

## PATIENT INFORMATION LEAFLET

**Tamurex 400 micrograms** prolonged-release capsules Tamsulosin hydrochloride

#### Read all of this leaflet carefully before | Take special care with Tamurex: you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor or your pharmacist.
- This medicine has been prescribed for you personally and you should not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist

### In this leaflet:

- 1. What Tamurex is and what it is used for
- 2. Before you use Tamurex
- 3. How to use Tamurex
- 4. Possible side effects
- 5. How to store Tamurex
- 6. Further information

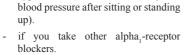
#### 1. WHAT TAMUREX IS AND WHAT IT IS USED FOR

Tamurex is used in the treatment of functional symptoms of benign prostatic Do not give this medicine to children or hyperplasia, such as difficult urination.

The active ingredient of Tamurex is tamsulosin. Tamsulosin is an alpha, receptor blocker which reduces the tension in muscles of prostate and urethra. Thus an easier flow of urine through the urethra and urination are facilitated.

## 2. BEFORE YOU USE TAMUREX Do not use Tamurex:

- if you are hypersensitive (allergic) to ingredients of Tamurex.
- if you suffer orthostatic hypotension.
- if you suffer severe hepatic insufficiency.



if you suffer from severe renal insufficiency.

if you suffer from orthostatic

hypotension (dizziness caused by low

if you are undergoing eye surgery because of cataract (cloudiness of the lens) please inform your eye specialist before the operation that you are using or have previously used Tamurex. This is because Tamurex may cause complications during the surgery which can be managed if your specialist is prepared in advance.

## Using Tamurex with food and drink:

Tamurex should be taken after breakfast or after the first meal of the day with a glass of water

## Pregnancy and breast-feeding

Tamurex is intended for male patients only

#### Children:

adolescent under 18 years because it does not work in this population.

## Driving and using machines:

No data is available on wheather tamsulosin adversely affects the ability to drive or operate machines. However, in this respect patients should be aware of the fact that Tamurex may cause dizziness.

### Using other medicines:

Please inform your doctor or pharmacist if tamsulosin or any of the other you are taking or have recently taken any other medicines, even those not prescribed or herbal medicinal products.

> Concomitant use of tamsulosin with other alpha,-receptor blockers (prazocin, alfuzocin) may cause hypotension.





## 3. HOW TO USE TAMUREX

instructed you. You should check with erection). your doctor or pharmacist if you are If any of the side effects get serious, or you day.

Tamurex should be taken after breakfast or after the first meal of the day with a glass of water. The capsules should be swallowed whole while sitting or standing (not in lying position). The capsule should not be Do not store above 30 °C. broken or chewed as this will interfere Do not use Tamurex after expiry date with the modified release of the active which is stated on the label. ingredient. The capsule can, however, be Keep out of the reach and sight of children. opened and the content can be swallowed without chewing.

If you have the impression that the effect What Tamurex contains of Tamurex is too strong or too weak, talk to your doctor or pharmacist.

# should:

If you have taken more tamurex than the doctor prescribed, contact your doctor or a Capsule contents : sodium alginate, hospital.

#### If you forget to take Tamurex:

If you forget to take the medicine after breakfast, you can take it later the same hydroxide, simeticone emulsion day. You should skip the dose if you do not (simeticone, methylcellulose, sorbic acid), notice forgetting it until the following day. colloidal anhydrous silica.

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Tamurex can cause side effects. The following adverse What Tamurex looks like and contents reactions have been reported during the use of Tamurex:

Common (more than 1 in 100 treated patients, but fewer than 1 in 10 treated patients); dizziness.

Uncommon (more than 1 in 1,000 treated patients, but fewer than 1 in 100 treated *patients):* headache, palpitations, dizziness especially when sitting down or standing up from the lying position, rhinitis, gastrointestinal reactions (constipation, diarrhoea, nausea vomiting), allergic reactions (skin rash, pruritus, urticaria), abnormal ejaculation, weakness.

Rare (more than 1 in 10,000 treated release capsules patients, but fewer than 1 in 1,000 treated patients): fainting, angioedema.

Very rare (fewer than 1 in 10,000 treated Always use Tamurex as your doctor has patients): priapism (persistent and painful

unsure. The usual dose is one capsule per notice any side effects not listed in the leaflet, please tell you doctor or pharmacist.

## 5. HOW TO STORE TAMUREX

Store in the original container.

# 6. FURTHER INFORMATION

The active ingredient is tamsulosin as the hydrochloride. Each prolonged-release If you take more Tamurex than you capsule contains 400 micrograms of tamsulosin hydrochloride.

The other ingredients are

methacrylic acid - ethyl acrylate copolymer (1:1), glycerol dibehenate, maltodextrin, sodium laurilsulphate, macrogol 6000, polysorbate 80, sodium

Capsule shell: gelatin, red iron oxide (E172), titanium dioxide (E171), yellow iron oxide (E172)

# of the pack

Orange number 2 gelatin capsule which contains white or yellowish granules Tamurex is available in blister packs of 30 capsules

## **Marketing Authorisation Holder:**

Strandhaven Ltd t/a Somex Pharma Seven Kings, llford, Essex, IG3 8BS. United Kingdom

#### Manufacturere:

Somex Pharma, Seven Kings, llford, Essex IG3 8RA, UK

This medicinal product is authorised in the Member states of the EEA under the following names:

UK Tamurex 400 micrograms prolonged-

This leaflet was last approved in 07/2012





