

PATIENT INFORMATION LEAFLET

What you should know about Ibuprofen tablets 200mg

Please read this leaflet carefully before taking your medicine. It does not contain all the information about your medicine that you may need to know, so please ask your Doctor or Pharmacist if you have any questions. This leaflet only applies to Ibuprofen tablets 200mg.

WHAT IS IT USED FOR:

The effective relief of mild to moderate pain including rheumatic and muscular pain, backache, neuralgia, migraine, headache, dental pain, period pains and feverishness. For effective relief from the symptoms of colds and flu. **BEFORE TAKING THIS MEDICINE:**

Do not take if

 you are allergic to ibuprofen, aspirin or any other painkillers or to any of the ingredients contained in these tablets.
 Symptoms may include runny nose and rash (hives) or shortness of breath

THIS PACK CONTAINS: This medicine is film-coate 200mg of Ibuprofen. It als

200mg of Ibuprofen. It also contains the inactive ingredients:colloidal anhydrous silica, potato starch, povidone, croscarmellose sodium, microcrystalline cellulose, alginic acid, magnesium stearate, sodium lauryl sulphate, sodium starch glycollate, hypromellose, glycerol, titanium dioxide E171, carmine E120, hydroxypropyl methyl cellulose E464. Ibuprofen is one of a group of medicines called non-steroidal anti-inflammatory drugs or NSAIDS. It relieves pain, reduces inflammation and lowers temperature when you have a fever.

This medicine is film-coated Ibuprofen and each tablet contains

· vou have or ever had stomach ulcers.

If you answer 'yes' to any of the following questions, or if you are not sure, ask your doctor or pharmacist.

- Do you have kidney, liver or heart problems?
- Are you pregnant or breast feeding, or could you be?
 Are you taking aspirin, or other medicines for rheumatism such as methotrexate or cyclosporin, tablets for high blood pressure or 'water tablets' or tablets to thin the blood', tablets for diabetes, quinilone anti-biotics or lithium?

blood', tablets for diabetes, quinilone anti-biotics or lithium?
Are you taking any other medicines?

TAKING THIS MEDICINE

Dose: Unless otherwise directed by a Doctor:

Adults, the elderly and children over 12 years of age should take 1 or 2 tablets two to three times daily.

The dose should not be repeated more frequently than every 4 hours, and *not more than 6 tablets should be taken in any 24 hours.* Do not give to children under 12 years old, except on the advice of a doctor. Ibuprofen tablets should be taken with meals and swallowed with a drink of water.

WARNING - DO NOT EXCEED THE STATED DOSE

- If symptoms persist consult your doctor.
- If you accidently take too many tablets seek medical attention at once.

SIDE EFFECTS

- If you experience any of the following, stop taking the medicine immediately and tell your Doctor.
- Stomach pain, indigestion, nausea or heartburn, and
- occasionally peptic ulcer and bleeding in the stomach.
- Unexplained wheezing, shortness of breath, skin rash, hives, itching, unexpected bruising, facial swelling and very rarely skin peeling.
- Rarely changes to the blood which may lead to unexpected bruising.
- Blood in urine, kidney damage or kidney failure has been reported.
- Rarely liver problems. Also headache, dizziness or hearing disturbance.

Side effects will be minimised by taking the smallest possible dosage.

STORING THE TABLETS

Do not use after the expiry date shown on the label.
Do not store above 25°C.
Keep the container tightly closed to protect from moisture
Manufactured by the P.L.Holder: Aspar Pharmaceuticals Ltd.,

29-30 Capitol Way, London NW9 OEQ For

Costco Wholesale., Hartspring Lane, Watford WD25 8JS

Leaflet last revised October 2005